

Impotence: Is It What You're Eating or What's Eating You?

New Book Gives You the Facts to Decide for Yourself

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Do you suffer from impotence and wonder why? If so, you are part of a growing number of men who are concerned about sexual dysfunction.

Actually, there are many causes of impotence, and some of them may surprise you. For example, it has long been stated by every psychologist since Freud that impotence can be triggered by depression and other psychological factors common to most men. Then why are impotence statistics so much higher among American men?

The answer lies in the poor state of health of the American prostate gland. Ninety percent of American men have enlarged prostates by age 50, with 30 percent having prostate cancer by age 50. These problems inhibit blood flow to the genital area. Erectile function and prostate health both depend on ample, oxygenated blood supply to the genital area. Prostate problems mainly plague men in the US and other "advanced countries." Their numbers stand in marked contrast to the vast majority of men on the planet who do not have these problems. Why?

Did you ever stop to think about how pesticides work? Pesticides are designed to work on the *reproductive* systems of the pests! Is it logical to think that a chemical that can destroy the reproductive organs of entire swarms of insects will have no effect on your own over a period of forty years? Think about it!

These toxic chemicals build up in our reproductive organs (such as the prostate gland) and limit their function, blood flow and health, allowing parasites to get established. These parasites rob our nutrition and create their own toxins. Since Israel banned pesticides 10 years ago, all cancers are reported to be 40 percent less and breast cancer, 60 percent less.

The food you buy at the grocer may have also have been exposed along the way to not only to pesticides, but herbicides, preservatives, antibiotics, hormones, and radiation, as well. Add to this that in our culture we have no acceptable way of assisting the body to eliminate all these toxins. Fasting, a mainstay of humanity's millions of years on this planet, is no longer practiced in the US. It is very hard to find an American doctor who will recommend fasting, yet it is safe, easy and principle way the body can release all these toxins. The inevitable toxic build-up, not only causes widespread sexual dysfunction — hence the desperation for Viagra and other products — that can lead to cancer and premature, painful death.

There are many studies detailing that when Africans and Asians (who are among those who do not have such problems), relocate to the US, they quickly join our statistics. Poor diet, sugars, fatty, processed foods, alcohol, tobacco, prescription and recreational drugs have been shown to be a major factor in prostate health and in erectile function, but

judging from the high numbers of these problems amongst “successful, healthy” men with reasonably good diets, there is more to the story.

It is a well known fact, that toxins, pesticides, herbicides, antibiotics, hormones build up mostly in the fat of our dairy and foods. The danger to our health may not be so much the consuming of meat and dairy products, but in the toxins harbored in the fat itself. We are a nation of fat lovers and the fat contains the toxins.

What can you do? Is it too late?

First of all, any long term benefit can only be attained by undergoing a cleansing process such as the 8 Day Ultimate Fast, described in my book, ***Prostate Health in 90 Days without Drugs or Surgery***. This cleanses the colon, prostate, and other organs of toxins and parasites which can lead to dysfunction and cancer. It also leads to almost immediate improvement in sexual function. Men tell me they begin to experience the type of erections they haven't had in years. Performance continues to improve as they complete the 90 day program outlined in the book. This second part of the program may involve eliminating dental toxins such as mercury in amalgam fillings, working towards a pH balance and a greater oxygenated blood supply, utilizing the BTA test, explained in the book, and in some cases, chelation therapy.

Can we ever be totally free of toxins? Perhaps not. But through a change in our diet and an elimination of amalgam fillings and other exposures to toxins, we can become incredibly vigorous, healthy, youthful, and alive. In short, cleansing plus better ongoing habits are the natural way to healthy, younger feeling erections ***and*** a healthy prostate.